



## Official Xoso 8v8 Coed Outdoor Soccer Rules

### Honor Code

Xoso Coed Soccer is played on the honor system. It is important to remind yourself and your teammates that everyone in the league is here to have fun and meet new people. Unsportsmanlike conduct will not be tolerated. Alcohol is no longer permitted at the field.

1. **This is an adult SOCIAL league - relax, have fun, and don't be too serious!**
2. **All players must be registered, paid, and at least 21 years of age.**
3. **By registering and signing the Xoso Release of Liability form, players agree that Xoso and its staff will not be held responsible or liable for any injuries occurring as the result of participation in any Xoso Activity.**

### Equipment and Uniforms

1. All players must wear Xoso team shirts and closed-toe shoes. Sandals are prohibited. No metal cleats allowed. Shinguards are required. Bracelets, necklaces, rings (except smooth wedding rings), and earrings should be removed before play. Names on shirts, numbers, cut off sleeves, etc. are permitted as long as they don't cover the original Xoso logos. Hard casts and hard knee braces are not allowed.
2. The ball will be regulation size 5, provided by the league. Any other ball may be used if agreed by both teams.

### Teams

1. Team rosters generally consist of 10 – 14 members, with at least 4 of each gender.
2. A maximum of 8 players on the field during play and a minimum of 6 are required (with 2 of each gender) to prevent a forfeit. **No more than 6 men on the field at any time.**
  - a. A forfeit will be declared after 5 minutes.
  - b. Two forfeits eliminate a team from playoff consideration.
3. Only paid Xoso league members are allowed to play. **NO EXCEPTIONS.** Any team using a player not on their roster who did not register as a sub will forfeit their game. Subs can register at <http://www.xososports.com/page/sub-registration>

### Substitutions

Substitutions may occur on any "out of bounds" ball. Substitutions for minor injuries wait until the ball is out of bounds. Any major injury will stop play.

### **Game Duration**

Games will have two 25 minute halves, separated by a 3 minute halftime. Regular season games may end in a tie. If a game is called in the 2nd half, it will be considered a full game and the score is final.

### **Scoring**

A goal is scored when the ball crosses the goal line completely.

No team shall win or achieve a differential of more than +5, even if the team won by more than 5 goals.

### **Offsides**

To prevent arguing over one of the hardest calls in sports, there will be no offsides.

### **Slide Tackling**

There is no slide tackling, ever. Even if unintentional, if a slide occurs near a player and the referee may call a foul and may issue a yellow card.

### **Out of Bounds**

1. Anytime the ball goes over either sideline, out of bounds, a throw-in will ensue. The person throwing in the ball must throw the ball overhead with both hands and keep both feet remaining on the ground out-of-bounds until the ball is released. The team that did not touch the ball last gets the throw-in. Goals may not be scored on a throw-in.
2. Anytime the ball crosses an endline, a corner kick or goal kick will ensue.
  - a. Last touched by a defender - a corner kick. Ball is placed on nearest corner and kicked in by offensive team. Goals may be scored on corner kicks.
  - b. Last touched by attacker - a goal kick by the defense. All opposing players must be outside the penalty box when it is kicked.

### **Goalies**

May use their hands inside the penalty box. No "drop kicks". Goalies may throw, roll or place the ball down and kick.

### **Free Kicks and Penalty Kicks**

All Free Kicks are direct (can be scored directly). The defending team must give 8 yards.

Penalty kicks are awarded by the referee if a foul occurs in the penalty box and anyone may take the kick. The goalie in goal at the time of the foul must face the kick.

### **Sportsmanship, Fouls, and Cards**

1. Any player or team may be removed from the league for the remainder of the season, and denied registration for subsequent seasons due to unsportsmanlike conduct at the complete discretion of Xoso if it is in the best interest of the league.

- a. A player is cautioned and given a yellow card if he commits any of the following offenses: (a) unsporting behavior, (b) shows dissent by word or action, (c) persistently infringes the Laws of the Game, (d) delays the restart of the game, (e) fails to stand the required distance for a corner kick or a free kick,
- b. A player is sent off and shown the red card if he commits the following offenses: (a) guilty of serious foul play, (b) guilty of violent conduct, (c) spits on an opponent or any other person, (d) denies an opponent a goal or an obvious goal-scoring opportunity by deliberately handling the ball, (e) denies an obvious goal-scoring opportunity to an opponent moving towards the player's goal by an offense punishable by a free kick or a penalty kick, (f) uses offensive language, or (g) receives a second caution in the same match.
- c. Yellow – First is warning, direct kick, player needs to sit out the rest of the half.
- d. 2 Yellow Cards in one game results in Red Card
- e. 1 Red Card = Ejection from game and suspended the following game unless exception is made by league office. Team plays shorthanded (can't sub in for a Red Card).
- f. 2 Red Cards in one season results in ejection from league, no refund
- g. Fighting or responding to a fight in a violent manner will almost always result in ejection from league, no refund

### **Officials**

- 1. **Only team captains may dispute calls with the Officials.** All decisions by Officials are final.
- 2. The head official may eject any player as necessary due to poor sportsmanship, abusive behavior, excessive fouls, arguing or any other reason they deem necessary. Any player ejected twice in a season shall be removed from the league.
- 3. Umpires have complete authority and may:
  - a. call a time out; call off a game because of weather or other reasons; penalize or eject a player, including game ejection, for any reason.
  - b. ejected players must leave the field for the duration of the day in question.

### **Playoffs**

- 1. Are single elimination and the number of teams that make the playoffs change from season to season. Playoff games that end in a tie will go straight to penalty kicks, with 3 men and 2 women taking kicks for each team. All shootout kicks are worth one point. If after each team has taken 5 kicks the game is still tied, kicks will continue alternating with remaining players until one team wins. No player may kick twice until all players on the team have kicked.

Please email Xoso at [disputes@xososports.com](mailto:disputes@xososports.com) if you have any questions about these rules. **These rules may be modified as needed to make the league more fun for everyone.**